



# CAPVA

(Child and Adolescent to Parent Violence and Abuse )

Rolling Programme

Parents/guardians and adults only

Support and Drop in sessions every 2 weeks 1pm to 2:30pm  
no referral required

<b>Session 1 and 2: Drop in for Advice and Support</b>	<b>6th May and 20th May</b>
<b>Session 3: Trauma and how it effects behaviours</b>	<b>3rd June 2025</b>
<b>Session 4: Drop in</b>	<b>17th June</b>
<b>Session 5: Influences and impacts on our children</b>	<b>1st July 2025</b>
<b>Session 6: Drop in</b>	<b>15th July</b>
<b>Session 7:Deescalation techniques and Safety Planning</b>	<b>29th July 2026</b>
<b>Session 8: Drop in</b>	<b>12th August</b>
<b>Session 9: Conflict resolution and Reconciliation</b>	<b>26th August 2025</b>
<b>Session 10: Drop in</b>	<b>9th September</b>

Come to any of the session you feel will help support you, no need to book just come along and we are here to help.

McNay Street Family Hub, 2A McNay St, DL3 6SW

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