

10th September 2026

Dear Parent / Carer,

Re: Food Ingredients for Practical Lessons and Financial Support (REF: 0005-26MLE)

In Year 7 and 8, pupils will be completing 12 food lessons in Design Technology (DT) - 9 of these lessons will be practical based. To help reduce missing ingredients this year and support parents / carers with the preparation for these lessons, the list of ingredients your child will need to bring for each practical can be found in their pupil passport.

For ease and as a reminder, these ingredients lists will also be sent home on a separate piece of paper with pupils the week before.

Please note, the ingredients lists are generic as we are unable to produce bespoke lists. If your child has dietary / allergy requirements, please review the list and purchase the necessary alternatives. For example, 'cheese' substituted for 'vegan cheese' / 'flour' substituted for 'gluten free flour'.

It is very important that these ingredients are brought into school each week to help pupils access the curriculum. We are aware of the cost of living and understand that some families may struggle financially to supply some / all of the ingredients. If you require financial support for food ingredients, please complete this short online form: [Food Ingredients Financial Support Request 2026 - 2027](https://longfield.nalp.org.uk/food-ingredients-financial-support-request-2026-2027)

Pupils must also bring a large reusable container (not glass) in order to take their lovely food home.

If you have any questions or concerns, please contact myself, Miss Leighton - Head of DT via email: mleighton@longfield.nalp.org.uk. Alternatively, please contact reception on T: 01325 380815.

Yours sincerely,

A handwritten signature in black ink, appearing to be "M Leighton", with a long horizontal line extending to the right.

Mrs M Leighton

Head of DT

Headteacher: Angela Sweeten

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